



Suggested Anti-Racism Resources

Resources for Adults

Challenges/Journaling

- Me and White Supremacy by Layla F Saad (28-day journaling book on anti-racism)
- "21-Day Equity Habit Building Challenge" --
<https://drive.google.com/file/d/1KABDefScym2uhFYBOgEF-G4eT9m8Wha2/view?usp=sharing>
- "Self-Assessment on Matters of Race" by Black Men Matter --
https://drive.google.com/file/d/1_wrTCzeHNckksaClbWDMf1TabU1Weq92/view?usp=sharing

Books

- How To Be An Antiracist by Ibram X. Kendi
 - White Fragility: Why It's So Hard for White People to Talk About Race by Robin Diangelo
 - So You Want to Talk About Race by Ijeoma Oluo
 - Anxious to Talk about It: Helping White Christians Talk Faithfully about Racism by Carolyn B. Hessel
 - Healing Racial Divides: Finding Strength in Our Diversity by Terrell Carter
 - The ABCs of Diversity: Helping Kids (and Ourselves!) Embrace Our Differences by Carolyn B. Hessel and Y. Joy Harris-Smith
 - Stamped from the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi
- **100 Best Racism Books of All Time by *Book Authority*** --
<https://bookauthority.org/books/best-racism-books>

Additional Reading Material

- **Racial economic inequality** -- <https://inequality.org/facts/racial-inequality/>
- **"Joint Statement Calling for Reform of KCPD": Urban League, MORE2 and NAACP** -- <https://drive.google.com/file/d/1ICPqdwOHsqT-X9rHj3jBK4BvxBNdn0ch/view?usp=sharing>
- **"Say Their Names" Infographic** --
<https://drive.google.com/file/d/1BqHS2fjmGRoDay1u4xgKAd3wcKnHaeS2/view?usp=sharing>
- **Resource Lists by Black Men Matter** --
<https://drive.google.com/file/d/11W0u2p6prVBh-cKdUGH8yyhyhZPQj6UN/view?usp=sharing>

Podcasts

- **“Seeing White”** – <http://www.sceneonradio.org/category/seeing-white/>
- **"Brene with Ibram X. Kendi"** -- <https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/>

Videos

- **“Where do we go from here?”** -- <https://www.breachrepairers.org/blogs/where-do-we-go-from-here>
- **Systemic Racism explained** -- https://www.youtube.com/watch?v=YrHIQIO_bdQ&feature=youtu.be
- **How Racial Bias Works** -- https://www.ted.com/talks/jennifer_l_eberhardt_how_racial_bias_works_and_how_to_disrupt_it
- **Stanley Nelson: Story of Access** -- https://www.youtube.com/watch?time_continue=466&v=o__5xvIE3bU&feature=emb_title

Facebook Groups to Follow

- Showing Up for Racial Justice – SURJ KC (local)
- Metro Organization for Racial and Economic Equity - MORE² (local)
- Urban League of Greater Kansas City (local)
- Poor People's Campaign: A National Call for Moral Revival (national)

Resources for Children and Parents

Books

- I Can Do Hard Things: Mindful Affirmations for Kids by Gabi Garcia
- The ABCs of Diversity: Helping Kids (and Ourselves!) Embrace Our Differences by Carolyn B. Helsel and Y. Joy Harris-Smith
- Let the Children March by Monica Clark-Robinson
- Lila and the Crow by Gabrielle Grimard
- Let's Talk About Race by Julius Lester
- The Colors of Us by Karen Katz
- Race Cars: A Book About White Privilege by Jenny Devenny
- Not My Idea: A Book about Whiteness by Anastasia Higginbotham

Additional Reading Material

- **Your Kids aren't too young to talk about Race** (Resource List) -- <https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>
- **Teaching kids about Racism** -- <http://www.blackgirldangerous.com/2015/07/teach-kids-about-racism/>

- **Talking to your kids about racism** -- <https://www.unicef.org/parenting/talking-to-your-kids-about-racism>
- **What to say to your child about racial justice** -- <http://www.raceconscious.org/2016/06/100-race-conscious-things-to-say-to-your-child-to-advance-racial-justice/>

Video

- **Anti-Racism** -- <https://www.weareteachers.com/anti-racism-videos/>

Websites

- **We Are Kidco** -- <https://www.wearekidco.com/anti-racism-resources>
- **White Accomplices** -- <https://www.whiteaccomplices.org/>